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I Feel Your Pain: Let's Make Golf Uncomplicated



Synopsis

GolfWeek's Editor calls it "among the best instructional books I've seen in my career." Mike Malaska, the 2011 PGA Teacher of the Year and current Worldwide Director of Jack Nicklaus Golf Academies, delivers uncomplicated golf instruction. This highly-regarded professional has collected his highly-successful approach to helping anyone, at any skill level, develop a far better game. With hundreds of pictures and captions, Mike doesn't just explain the game – he shows it to you, in step-by-step four color photographs, and a few simple words. The foreword by Jack Nicklaus highlights Mike's approach: "He poses the rare ability to motivate people and put them at ease during what can be a stressful process. He takes the technical out of technique."

Book Information

File Size: 34600 KB

Publication Date: December 21, 2013

Sold by: Â Digital Services LLC

Language: English

ASIN: B00HGKN248

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #55,178 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #16

in Kindle Store > Kindle eBooks > Nonfiction > Sports > Golf #51 in Books > Sports & Outdoors > Golf #332 in Books > Sports & Outdoors > Individual Sports

Customer Reviews

Mikes' teaching of the golf swing is just what I have searching for, this method has allowed me to swing without the tension and the strain that put so much stress on my body. The book also has some excellent points on the mental aspects and physical fitness elements of golf. I would recomend his youtube videos as another excellent resource and a good way to supplement the book.

This was a great book and I have had a chance to meet Mike Malaska at Las Sendas Golf Club in Mesa, Az. His techniques are the finest I have ever been exposed to. If you are interested in improving your game look up David Huffman at Huffmangolf.com in Mesa Az. David worked with Mike for years during his professional golf career and is an extremely accomplished instructor as well. Forget what you think you know, If you are serious about improving your game I can guarantee you cannot go wrong learning from either of these instructors.

This an easy read and found several jewels within that made considerable improvement to my swing, and my understanding of my swing. I've ready many books on the subject and would rate this one among the best.

The truth is, I already got what i needed from watching his youtube videos. My game just took off like a rocket after following Mike's instructions. My driver is ridiculously good now thanks you MIKE! My iron plays are just as good. I purchased his hardbound book as a way to thanks Mike. Some of u are complaining about how the book is a disappointment... bla..bla..bla..Now comon'... if your game improved from watching his videos, then at least give the man something back for his works.

Thanks to this book and few Mike's videos on youtube my long game improved dramatically just within few weeks. Honestly I feel -less I use my body more consistent I am with not compromising my distance. After years the best book I read. Principles in the book make more sense then any other and it is explanation is clear. At least for me is working great. Thanks Mike you restarted my golf again!

Mike Malaska is a great golf instructor. I've read and listened to them all. I've settled on his approach as the primary source for guiding me in maintaining an efficient, repeatable swing. Mike speaks clearly about the swing such that you can really understand how your swing works. He doesn't just merely tell you what to do, but he clearly explains the physics and geometry that his instructions use to get the results you can experience. This good, solid instuction.

My first ever review on . Just finished reading the kindle version and I have to highly recommend Mike's book. I've taken several lessons over the course of 4 years and Mike has the ability to distill all the information I've learned into a clear and organized manner. The section on the arms as rotators was giant aha moment for me. Being a right hand dominant person playing golf left handed,

I just focused on hitting a tennis back hand down the line. Results were improved compression and direction with a lot less strain with far more consistency. Effortless power not powerful effort. I look forward to trying Mike's method of chipping and pitching next.

This is the best instructional book I've ever read about golf. Mike nails it in all phases of the game and I look forward to reading it again. However, the printer should be beaten severely about the head with a 9 iron. It's very difficult to read white print on a pale yellow background or even white on a pale green background and they do it throughout the book. Also, some of the points are repeated but, perhaps there is a reason for that. The content however, and the method Mike uses for teaching is definitely 5 star.

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